

# Women's Health Master Class

## Women's Health Master Class - Treatment Therapy Options for Midlife - 10/9/2025

10/09/2025 at 12:00 PM to 10/09/2025 at 01:00 PM

Live Activity

### **Purpose:**

This series is designed to bring members of the members of the Obstetric and Gynecologic team together to learn with and from each other regarding topics that cover menopause, perimenopause, symptom management, diet and exercise, and considerations to provide holistic care for patients.

### **Objectives:**

- 1 Overview of hormonal options for treatment of peri-menopause and menopause symptoms.
- 2 Review non-hormonal options for treatment of peri-menopause and menopause symptoms.
- 3 Discuss information about WHI (Women's Health Initiative) data.

### **Target Audience:**

Physician, Nurse - RN, Nurse - Nurse Practitioner, Physician Assistant, Nurse -LPN/LVN

### **For successful completion:**

- Attend education
- Complete evaluation

### **Accreditation & Credit Designation:**

#### **Accreditation**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Continuing Education Credit Designation(s)**



IPCE CREDIT™

**IPCE (Team-based):** This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

**Medicine CME:** Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

**Nurse CE:** Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity



### **Disclosure Policy:**

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Kimberlee McKay, MD	Content Expert - Committee Member	Nothing to disclose
Annette Siewert, MD, FACOG	Content Expert - Committee Member, Faculty	Stocks or stock options, excluding diversified mutual funds-Cega
Lindsey Meyers, Administrator	Committee Planning Member	Nothing to disclose
Juanita Ruiter	Committee Planning Member	Nothing to disclose
Kate Boos, MD, Physician	Content Expert - Committee Member	Nothing to disclose
Kelly Boyd, MSN	Lead Planner	Nothing to disclose
Dominique Boadwine, MD	Faculty	Nothing to disclose
Susan Okoniewski-Philips, MD	Content Expert - Committee Member	Nothing to disclose
Catherine Schiltz, DO	Content Expert - Committee Member, Faculty	Nothing to disclose

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